

INSTRUCTIONS FOR PATIENTS PRIOR TO PERIODONTAL/IMPLANT SURGERY

In order to make your periodontal/implant procedure more comfortable and pleasant, please review the following information and suggestions.

Before your appointment

- Please arrive at least 5 minutes before your appointment
- Continue to take your regular medications at the regularly prescribed time. If there is any change in your medication, please advise your dentist
- Wear loose, comfortable clothing. Avoid makeup including lipstick, nail polish etc.
- Avoid alcohol the day before and the day of the procedure
- Avoid smoking cigarette/cannabis/cigars etc. for 1 week before surgery
- If you have an illness (cold, flu, cough) on the day before your procedure, please call our office at (902) 893-4840
- Please arrange to have someone drive you home at the end of your appointment and assist you to your door
- Depending on the type of procedure, we may provide antibiotic or pain medications before we begin

Following your appointment

- Follow the post-operative instructions provided
- Do not drink alcoholic beverages for 24 hours. If antibiotics is prescribed, it is advisable to abstain from alcohol for at least 1-2 weeks
- Avoid smoking cigarettes/cannabis/cigars etc. for 3 weeks after surgery. This is obtain successful and optimal healing

If you have any concerns about your procedure or have any follow up questions, please call us during office hours at (902) 893-4840 or After hours number provided in the post-operative instruction sheet.